

OMB APPROVAL	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Nelson Mark Joseph</u> <hr/> (Last) (First) (Middle) C/O BEYOND MEAT, INC. 119 STANDARD STREET <hr/> (Street) EL SEGUNDO CA 90245 <hr/> (City) (State) (Zip)			2. Issuer Name and Ticker or Trading Symbol <u>BEYOND MEAT, INC. [BYND]</u>			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director _____ 10% Owner _____ Officer (give title below) <input checked="" type="checkbox"/> CFO & Treasurer _____ Other (specify below) _____		
			3. Date of Earliest Transaction (Month/Day/Year) 08/06/2020			6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person Form filed by More than One Reporting Person _____		
			4. If Amendment, Date of Original Filed (Month/Day/Year)					

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	08/06/2020		M		31,000	A	\$25	226,610	D	
Common Stock	08/06/2020		S		31,578	D	\$132.2062 ⁽¹⁾	195,032	D	
Common Stock	08/06/2020		S		25,810	D	\$133.1667 ⁽²⁾	169,222	D	
Common Stock	08/06/2020		S		5,912	D	\$134.0266 ⁽³⁾	163,310	D	
Common Stock	08/06/2020		S		6,288	D	\$135.2057 ⁽⁴⁾	157,022	D	
Common Stock	08/06/2020		S		1,800	D	\$135.8502 ⁽⁵⁾	155,222	D	
Common Stock	08/07/2020		M		32,003	A	\$25	187,225	D	
Common Stock	08/07/2020		M		2,290	A	\$96.1	189,515	D	
Common Stock	08/07/2020		M		2,128	A	\$0.95	191,643	D	
Common Stock	08/07/2020		S		15,287	D	\$131.2054 ⁽⁶⁾	176,356	D	
Common Stock	08/07/2020		S		26,070	D	\$131.96 ⁽⁷⁾	150,286	D	
Common Stock	08/07/2020		S		16,602	D	\$133.0653 ⁽⁸⁾	133,684	D	
Common Stock	08/07/2020		S		17,799	D	\$133.8272 ⁽⁹⁾	115,885	D	
Common Stock	08/07/2020		S		15,869	D	\$135.054 ⁽¹⁰⁾	100,016	D	
Common Stock	08/07/2020		S		4,794	D	\$135.6948 ⁽¹¹⁾	95,222	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Option (right to buy)	\$25	08/06/2020		M			31,000	(12)	04/30/2029	Common Stock	31,000	\$0	174,000	D	
Stock Option (right to buy)	\$25	08/07/2020		M			32,003	(12)	04/30/2029	Common Stock	32,003	\$0	141,997	D	
Stock Option (right to buy)	\$96.1	08/07/2020		M			2,290	(13)	03/01/2030	Common Stock	2,290	\$0	22,390	D	
Stock Option (right to buy)	\$0.95	08/07/2020		M			2,128	(14)	07/19/2026	Common Stock	2,128	\$0	0	D	

Explanation of Responses:

1. This transaction was executed in multiple trades at prices ranging from \$131.63 to \$132.61. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.
2. This transaction was executed in multiple trades at prices ranging from \$132.64 to \$133.63. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.
3. This transaction was executed in multiple trades at prices ranging from \$133.64 to \$134.63. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.
4. This transaction was executed in multiple trades at prices ranging from \$134.67 to \$135.66. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.
5. This transaction was executed in multiple trades at prices ranging from \$135.69 to \$136.06. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.
6. This transaction was executed in multiple trades at prices ranging from \$130.50 to \$131.49. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.
7. This transaction was executed in multiple trades at prices ranging from \$131.50 to \$132.49. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.
8. This transaction was executed in multiple trades at prices ranging from \$132.50 to \$133.49. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.
9. This transaction was executed in multiple trades at prices ranging from \$133.50 to \$134.49. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.
10. This transaction was executed in multiple trades at prices ranging from \$134.50 to \$135.49. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.
11. This transaction was executed in multiple trades at prices ranging from \$135.50 to \$135.97. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.
12. Exercise of stock option granted under the 2018 Equity Incentive Plan ("2018 Plan") on May 1, 2019; the option vested and became exercisable as to 25% of the total shares on May 1, 2020, and 1/48th of the total shares vests and becomes exercisable monthly thereafter such that the option is fully vested and exercisable on May 1, 2023, subject to an Executive Change in Control Severance Agreement between the Reporting Person and the Issuer, and subject to the Reporting Person's continued service to the Issuer.
13. Exercise of stock option granted under the 2018 Plan on March 2, 2020; 1/48th of the total shares vests and becomes exercisable monthly beginning April 2, 2020 such that the option is fully vested and exercisable on March 2, 2024, subject to an Executive Change in Control Severance Agreement between the Reporting Person and the Issuer, and subject to the Reporting Person's continued service to the Issuer.
14. Exercise of fully vested stock options granted on July 20, 2016 under 2011 Equity Incentive Plan.

Remarks:

/s/ Teri L. Witteman, as
Attorney-In-Fact for Mark J. Nelson 08/10/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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