

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP**

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL	
OMB Number:	3235-0287
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1. Name and Address of Reporting Person* <u>Ajami Dariush</u>  (Last) (First) (Middle) <u>C/O BEYOND MEAT, INC.</u> <u>119 STANDARD STREET</u>  (Street) <u>EL SEGUNDO CA 90245</u>  (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>BEYOND MEAT, INC. [ BYND ]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) <u>Chief Innovation Officer</u>
	3. Date of Earliest Transaction (Month/Day/Year) <u>01/03/2020</u>	
4. If Amendment, Date of Original Filed (Month/Day/Year)		

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	01/03/2020		M		3,124	A	\$0.95	9,790	D	
Common Stock	01/03/2020		M		2,876	A	\$0.95	12,666	D	
Common Stock								2,000	I	By spouse

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
Stock Option (right to buy)	\$0.95	01/03/2020		M			3,124	(1)	05/11/2026	Common Stock	3,124	\$0	209	D	
Stock Option (right to buy)	\$0.95	01/03/2020		M			2,876	(2)	07/19/2026	Common Stock	2,876	\$0	15,685 <sup>(3)</sup>	D	

**Explanation of Responses:**

- Exercise of stock option granted under the 2011 Equity Incentive Plan on May 12, 2016; the option vested and became exercisable as to 25% of the total shares on March 7, 2017, and 1/48th of the total shares vests and becomes exercisable monthly thereafter such that the option is fully vested and exercisable on March 7, 2020, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer.
- Aggregate exercise of two stock options granted under the 2011 Equity Incentive Plan on July 20, 2016 with same exercise price and expiration date; each of the options vested and became exercisable as to 25% of the total shares on February 4, 2017 and May 25, 2017, respectively, and 1/48th of the total shares in each option vests and becomes exercisable monthly thereafter such that the options are fully vested and exercisable on February 4, 2020 and May 25, 2020, respectively, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer.
- Includes 80 shares that will be fully vested and exercisable on February 4, 2020 and 15,605 shares that will be fully vested and exercisable on May 25, 2020.

**Remarks:**

/s/ Teri L. Witteman, Attorney-  
In-Fact for Dariush Ajami 01/07/2020

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.